PUBLIC HEALTH NEWS & UPDATES



TEXAS RESEARCH-TO-POLICY COLLABORATION PROJECT November 2024



Wishing you and yours a restful, healthy, and happy Thanksqiving!



Save the Date: TX RPC Project Lunch & Learn Presentation

Food is Medicine Programs in Texas

A TX RPC Project Lunch & Learn Event

— Presented by —



Alexandra van den Berg, PhD, MPH

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Nursing Professional Development Practitioner for Perinatal Services Ascension Texas



Joi Chevalier, MA, CCA

Founder and Chief Executive Officer The Cook's Nook

<u>Food is Medicine Programs in Texas</u> *Tuesday, December 17, 2024*

11:30 AM- 12:30 PM CT House Member's Lounge Register Today!

Lunch will be provided!

New TX RPC Project Health Policy Resource

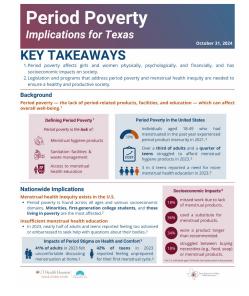
Period Poverty: Implications for Texas

Released October 31, 2024

This report discusses the implications of period poverty in Texas and provides Texas-specific recommendations.

- Period poverty is the lack of menstrual hygiene products, facilities, and related health education.
- 1 in 6 women and 1 in 4 teenage girls struggled to afford menstrual hygiene

- products in the U.S. in 2023.
- Minorities, first-generation college students, and those living in poverty are the most affected by period poverty.



TX RPC Project Researcher Publications

Featured Publication

<u>Bridging Public Health Research and State-Level Policy: The Texas Research-to-Policy Collaboration</u>

Project

Public health researchers need support and resources to communicate their work to policymakers. Establishing an infrastructure and resources to support the implementation of evidence-based policy at the state level can accelerate the translation of research into practice.

- The TX RPC Project conducted the state-level adaptation of a federal model that links researchers with policymakers to accelerate the implementation of evidence-based public health policy.
- The TX RPC Project determined emerging health priorities for the state legislative session and developed communication strategies and resources to link researchers with policymakers.

Texas

Trajectories of hookah use among young adult college students in Texas, 2014–2019

National

Physical activity and tobacco use among high school students in the United States, 2015–2021

Upcoming Webinar

Non-Medical Drivers of Health: Policy Options to Improve Health

Care Quality

November 21, 2024

12:00 PM- 1:00 PM CT

This webinar will explore innovative strategies to enhance the value of healthcare spending. By focusing on the conditions that most impact Texans, we're driving meaningful improvements in health outcomes.



The presentation will highlight policy options from the recentreport published through Rice University's Baker Institute for Public Policy to build on and initiate programming addressing the

non-medical needs of priority populations and health conditions.

This webinar is co-hosted by the Texas Consortium for the Non-Medical Drivers of Health.

Register Today!

Past Webinar Highlight



Learn more.

<u>Food as Medicine in Practice: From Study to Standard of Care</u> November 6, 2024

Panelists share key findings from their research, including:

- Communities that will benefit most from Food As Medicine
- Translation of insights from studies into practical applications
- Creation of systems that integrate this knowledge into continuous care
- How this care can be delivered via healthcare providers, clinics, or community-based organizations

Upcoming Partner Event

Partnership for a Healthy Texas Lunch & Learn November 19, 2024 11:30 AM- 12:30 PM CT Member's Lounge Extension, E2.1002

Register Here!

Lunch will be provided!



Resource Corner

The TX RPC Project develops accessible and accurate public health policy-related resources from field experts. Links to specific resource categories on our website can be found below:

TX RPC Project
Health Policy
Resources

Michael & Susan Dell Center for Healthy Living Webinar Series

TX RPC Project
Newsletters
Archive

Texas Legislative Bill Tracker Texas Child Health Status Reports and Toolkits

Request information on a public health topic.

About

The <u>Texas Research-to-Policy Collaboration (TX RPC) Project</u> is a nonpartisan network that aims to bridge research and policy by supporting partnerships between child health researchers and legislators.

If you and your legislative office are interested in collaborating with our team to receive data-driven information at state, district, and local levels, please reach out to TXRPCNetwork@uth.tmc.edu.

Contact Our Team

Dr. Deanna Hoelscher, Principal Investigator
 Dr. Alexandra van den Berg, Co-PI
 Tiffni Menendez, MPH, Project Director
 Rachel Linton, MPH, Project Manager

For more information about the TX RPC Project, please email: TXRPCNetwork@uth.tmc.edu.

This email was written and designed by Dr. Yuzi Zhang and Kirsten Handler.













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